

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45 Relay line-up input: The listed starttimes are indicative!

Coaches: Michiels Hans HEADCOACH

Coaches: Guldentops Kevin

Coaches: Verluyten Philippe

Coaches: Hanssens Yash

Coaches: Decaesstecker Elise

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M FREESTYLE MEN 11+					Heat:2, starttime: 14:02
Heat: 2/15 Lane : 5 Athlete: EVERAERT MATTHIEU					Q-time: 01:20:22
PB (25m pool): 01:20.22 Lokeren 28/09/2025					PB (50m pool): 01:20.56 SB: 01:20.22 Lokeren 28/09/2025
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:40.17		01:20.22	
	00:40.17		00:40.05		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:3, starttime: 14:04
Heat: 3/15 Lane : 1 Athlete: VANDEPUTTE WOUT					Q-time: 01:13:70
PB (25m pool): 01:13.70 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:13.10 SB: 01:13.70 Sint-Amandsberg 19/10/2025
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:36.60		01:13.70	
	00:36.60		00:37.10		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:4, starttime: 14:05
Heat: 4/15 Lane : 4 Athlete: RENDERS KLAAS					Q-time: 01:08:48
PB (25m pool): 01:08.48 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:15.57 SB: 01:08.48 Sint-Amandsberg 19/10/2025
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:32.92		01:08.48	
	00:32.92		00:35.56		
					

Coach feedback:

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Event number: 11: 100M FREESTYLE MEN 11+					Heat:4, starttime: 14:05
Heat: 4/15 Lane : 5 Athlete: AERENS JEF					Q-time: 01:08:48
PB (25m pool): 01:08.48 Temse 22/12/2024					PB (50m pool): 01:10.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.74		01:08.48	
	00:32.74		00:35.74		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:4, starttime: 14:05
Heat: 4/15 Lane : 6 Athlete: KARER MALIK					Q-time: 01:09:79
PB (25m pool): 01:09.79 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:09.16 SB: 01:09.79 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.76		01:09.79	
	00:33.76		00:36.03		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:6, starttime: 14:09
Heat: 6/15 Lane : 1 Athlete: SCIACCA EMILIO					Q-time: 01:05:99
PB (25m pool): 01:05.99 T ROSCO 12/10/2025					PB (50m pool): 01:07.94 SB: 01:05.99 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.91		01:05.99	
	00:31.91		00:34.08		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:6, starttime: 14:09
Heat: 6/15 Lane : 3 Athlete: EL BOUJADDAYNI DAOUD					Q-time: 01:04:43
PB (25m pool): 01:03.66 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:05.83 SB: 01:03.66 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.06		01:03.66	
	00:30.06		00:33.60		
					

Coach feedback:

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Event number: 11: 100M FREESTYLE MEN 11+					Heat:7, starttime: 14:10
Heat: 7/15 Lane : 6 Athlete: BOEL LIAM					Q-time: 01:03:12
PB (25m pool): 01:03.12 T ROSCO 12/10/2025					PB (50m pool): 01:02.91 SB: 01:03.12 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.46		01:03.12	
	00:30.46		00:32.66		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:9, starttime: 14:13
Heat: 9/15 Lane : 4 Athlete: SCHRAUWEN BJARNE					Q-time: 00:59:53
PB (25m pool): 00:59.53 T ROSCO 12/10/2025					PB (50m pool): 01:00.37 SB: 00:59.53 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.56		00:59.53	
	00:28.56		00:30.97		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/15 Lane : 1 Athlete: DE JONG STAN					Q-time: 00:59:38
PB (25m pool): 00:59.38 T ROSCO 12/10/2025					PB (50m pool): no time SB: 00:59.38 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.77		00:59.38	
	00:28.77		00:30.61		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:13, starttime: 14:19
Heat: 13/15 Lane : 5 Athlete: MICHIELS SIBE					Q-time: 00:55:45
PB (25m pool): 00:55.45 TEMSE 18/05/2025					PB (50m pool): 00:56.32 SB: 00:55.69 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.65		00:55.45	
	00:26.65		00:28.80		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:27
Heat: 3/14 Lane : 8 Athlete: LALOO FÉLINE					Q-time: 01:20:49
PB (25m pool): 01:20.49 Lokeren 28/09/2025			PB (50m pool): 01:20.75 SB: 01:20.49 Lokeren 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.96		01:20.49	
	00:38.96		00:41.53		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:32
Heat: 6/14 Lane : 1 Athlete: DERRE FLEUR					Q-time: 01:11:61
PB (25m pool): 01:11.61 T ROSCO 12/10/2025			PB (50m pool): 01:11.37 SB: 01:11.61 T ROSCO 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.53		01:11.61	
	00:34.53		00:37.08		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:39
Heat: 10/14 Lane : 2 Athlete: DEBRABANDERE LEONIE					Q-time: 01:04:39
PB (25m pool): 01:04.39 T ROSCO 12/10/2025			PB (50m pool): 01:05.76 SB: 01:04.39 T ROSCO 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.33		01:04.39	
	00:31.33		00:33.06		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:39
Heat: 10/14 Lane : 3 Athlete: STESENS EMMA-LOUISE					Q-time: 01:04:20
PB (25m pool): 01:04.20 Lokeren 28/09/2025			PB (50m pool): 01:04.87 SB: 01:04.20 Lokeren 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.71		01:04.20	
	00:30.71		00:33.49		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:39
Heat: 10/14 Lane : 5 Athlete: VERLUYTEN NIENE					Q-time: 01:03:94
PB (25m pool): 01:03.94 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:05.60 SB: 01:03.94 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.94		01:03.94	
	00:30.94		00:33.00		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:40
Heat: 11/14 Lane : 5 Athlete: DE JONG SUZAN					Q-time: 01:03:03
PB (25m pool): 01:03.03 Sint-Amandsberg 19/10/2025					PB (50m pool): no time SB: 01:03.03 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.16		01:03.03	
	00:30.16		00:32.87		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:40
Heat: 11/14 Lane : 6 Athlete: VAN BUNDER INEZ					Q-time: 01:03:56
PB (25m pool): 01:03.56 T ROSCO 12/10/2025					PB (50m pool): 01:06.70 SB: 01:03.56 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.03		01:03.56	
	00:31.03		00:32.53		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:12, starttime: 14:42
Heat: 12/14 Lane : 2 Athlete: RENDERS CHARLOTTE					Q-time: 01:02:28
PB (25m pool): 01:02.28 Temse 22/12/2024					PB (50m pool): 01:03.36 SB: 01:03.57 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.52		01:02.28	
	00:29.52		00:32.76		
					

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:12, starttime: 14:42
Heat: 12/14 Lane : 6 Athlete: VERLUYTEN LENI					Q-time: 01:02:24
PB (25m pool): 01:02.24 T ROSCO 20/10/2024					PB (50m pool): 01:04.67 SB: 01:03.01 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.00		01:02.24	
	00:30.00		00:32.24		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:13, starttime: 14:43
Heat: 13/14 Lane : 7 Athlete: GAUDAEN MAUD					Q-time: 01:01:41
PB (25m pool): 01:01.41 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:03.03 SB: 01:01.41 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.78		01:01.41	
	00:29.78		00:31.63		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:14, starttime: 14:44
Heat: 14/14 Lane : 4 Athlete: MICHIELS NORE					Q-time: 00:55:86
PB (25m pool): 00:55.35 Gent 09/11/2025					PB (50m pool): 00:56.49 SB: 00:55.35 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.86		00:55.35	
	00:26.86		00:28.49		
					

Coach feedback:

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 14:46	
Heat: 1/2 Lane : 3 Athlete: AERENS JEF							Q-time: 02:53:22	
PB (25m pool): 02:53.22 TEMSE 30/03/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.72		01:20.58		02:06.47		02:53.22
	00:36.72		00:43.86		00:45.89		00:46.75	
								

Coach feedback:

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Event number: 13: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 14:46	
Heat: 1/2 Lane : 4 Athlete: SCIACCA EMILIO							Q-time: 02:40:84	
PB (25m pool): 02:40.84 T ROSCO 12/10/2025				PB (50m pool): 02:44.49SB: 02:40.84 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.12		01:15.28		01:58.98		02:40.84
	00:35.12		00:40.16		00:43.70		00:41.86	
								

Coach feedback:

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 14:46	
Heat: 1/2 Lane : 7 Athlete: SCHRAUWEN BJARNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/2 Lane : 6 Athlete: WAELPUT THOMAS							Q-time: 02:19:85	
PB (25m pool): 02:19.85 T ROSCO 20/10/2024				PB (50m pool): 02:26.49SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.43		01:04.91		01:41.51		02:19.85
	00:29.43		00:35.48		00:36.60		00:38.34	
								

Coach feedback:

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/2 Lane : 7 Athlete: BOODTS GERBEN							Q-time: 02:24:06	
PB (25m pool): 02:24.06 TEMSE 30/03/2025				PB (50m pool): 02:23.87 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.50		01:05.48		01:44.25		02:24.06
	00:29.50		00:35.98		00:38.77		00:39.81	
								

Coach feedback:

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Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:2, starttime: 14:57	
Heat: 2/3 Lane : 3 Athlete: DEBRABANDERE LEONIE							Q-time: 03:08:46	
PB (25m pool): 03:08.46 TEMSE 30/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.92		01:28.59		02:21.97		03:08.46
	00:37.92		00:50.67		00:53.38		00:46.49	
								

Coach feedback:

Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:3, starttime: 15:00	
Heat: 3/3 Lane : 3 Athlete: MURAT IREM							Q-time: 02:39:16	
PB (25m pool): 02:39.16 T ROSCO 12/10/2025				PB (50m pool): 02:37.96SB: 02:39.16 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.36		01:14.62		01:56.56		02:39.16
	00:34.36		00:40.26		00:41.94		00:42.60	
								

Coach feedback:

Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:3, starttime: 15:00	
Heat: 3/3 Lane : 4 Athlete: GAUDAEN MAUD							Q-time: 02:32:41	
PB (25m pool): 02:32.41 T ROSCO 12/10/2025				PB (50m pool): 02:36.33SB: 02:32.41 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.74		01:12.75		01:52.99		02:32.41
	00:33.74		00:39.01		00:40.24		00:39.42	
								

Coach feedback:

Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:3, starttime: 15:00	
Heat: 3/3 Lane : 5 Athlete: VAN BUNDER AMY							Q-time: 02:32:68	
PB (25m pool): 02:32.68 T ROSCO 12/10/2025				PB (50m pool): 02:38.29SB: 02:32.68 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.29		01:10.43		01:51.11		02:32.68
	00:32.29		00:38.14		00:40.68		00:41.57	
								

Coach feedback:

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Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:3, starttime: 15:00	
Heat: 3/3 Lane : 7 Athlete: SCHELFAUT NELL							Q-time: 02:48:13	
PB (25m pool): 02:48.13 TEMSE 30/03/2025				PB (50m pool): 02:54.90SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.78		01:19.54		02:03.54		02:48.13
	00:35.78		00:43.76		00:44.00		00:44.59	
								

Coach feedback:

Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:3, starttime: 15:00	
Heat: 3/3 Lane : 8 Athlete: WAELPUT ELODIE							Q-time: 02:55:01	
PB (25m pool): 02:55.01 Hoogstraten 05/05/2024				PB (50m pool): 02:50.36 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:55.01
	no time							
								

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:04	
Heat: 1/4 Lane : 3 Athlete: JANSSENS MILA							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:04	
Heat: 1/4 Lane : 4 Athlete: DERRE EMIEL							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

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Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 5 Athlete: EL BOUJADDAYNI YAHYA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 6 Athlete: CAZACU ANTONIA SABINA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 7 Athlete: SEGERS ZOë					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:09
Heat: 3/4 Lane : 8 Athlete: HENDRICKX NELLE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 15:11
Heat: 4/4 Lane : 2 Athlete: GOEMINNE ELLEMIEKE					Q-time: 01:20:32
PB (25m pool): 01:20.32 Lokeren 28/09/2025					PB (50m pool): 01:21.03 SB: 01:20.32 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.86		01:20.32	
	00:38.86		00:41.46		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 15:11
Heat: 4/4 Lane : 3 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN					Q-time: 01:18:80
PB (25m pool): 01:18.80 Lokeren 28/09/2025					PB (50m pool): 01:21.71 SB: 01:18.80 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.58		01:18.80	
	00:38.58		00:40.22		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 15:11
Heat: 4/4 Lane : 4 Athlete: FOUBERT SANNE					Q-time: 01:18:08
PB (25m pool): 01:18.08 Lokeren 28/09/2025					PB (50m pool): 01:19.68 SB: 01:18.08 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.06		01:18.08	
	00:38.06		00:40.02		
					

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 15:18	
Heat: 2/8 Lane : 1 Athlete: EVERAERT MATTHIEU							Q-time: 04:08:08	
PB (25m pool): 04:08.08 TEMSE 24/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:58.13		02:02.24		03:06.59		04:08.08
	00:58.13		01:04.11		01:04.35		01:01.49	
								

Coach feedback:

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Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:26	
Heat: 4/8 Lane : 6 Athlete: KARER MALIK							Q-time: 03:05:97	
PB (25m pool): 03:05.97 T ROSCO 12/10/2025				PB (50m pool): 03:12.68SB: 03:05.97 T ROSCO 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.87		01:29.40		02:18.34		03:05.97
	00:40.87		00:48.53		00:48.94		00:47.63	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 15:26	
Heat: 4/8 Lane : 8 Athlete: VANDEPUTTE WOUT							Q-time: 03:15:25	
PB (25m pool): 03:15.25 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:26.28SB: 03:15.25 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.53		01:33.57		02:24.44		03:15.25
	00:43.53		00:50.04		00:50.87		00:50.81	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 15:30	
Heat: 5/8 Lane : 2 Athlete: EL BOUJADDAYNI DAOUD							Q-time: 02:54:83	
PB (25m pool): 02:54.83 Sinbad 22/07/2025				PB (50m pool): 03:01.37 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.60		01:25.37		no time		02:54.83
	00:39.60		00:45.77					
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:7, starttime: 15:37	
Heat: 7/8 Lane : 4 Athlete: SCIACCA LEANDRO							Q-time: 02:32:45	
PB (25m pool): 02:32.45 Sint-Amandsberg 19/10/2025				PB (50m pool): 02:36.22 SB: 02:32.45 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.60		01:13.13		01:52.46		02:32.45
	00:33.60		00:39.53		00:39.33		00:39.99	
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 16:01	
Heat: 5/7 Lane : 4 Athlete: DERRE FLEUR							Q-time: 03:06:63	
PB (25m pool): 03:06.63 Sint-Amandsberg 19/10/2025				PB (50m pool): 03:18.86 SB: 03:06.63 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.26		01:32.17		02:20.74		03:06.63
	00:43.26		00:48.91		00:48.57		00:45.89	
								

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+										Heat:3, starttime: 16:17	
Heat: 3/8 Lane : 2 Athlete: RENDERS KLAAS										Q-time: 01:17:76	
PB (25m pool): 01:17.76 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:15.76 SB: 01:17.76 Sint-Amandsberg 19/10/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:37.94				01:17.76				
	00:37.94				00:39.82						
											

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+										Heat:4, starttime: 16:19			
Heat: 4/8 Lane : 4 Athlete: BOEL LIAM										Q-time: 01:13:10			
PB (25m pool): 01:13.10 Sint-Amandsberg 19/10/2025										PB (50m pool): 01:15.32 SB: 01:13.10 Sint-Amandsberg 19/10/2025			
	2 5 M		5 0 M		7 5 M		1 0 0 M						
PB			00:35.50				01:13.10						
	00:35.50				00:37.60								
													

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+										Heat:4, starttime: 16:19																			
Heat: 4/8 Lane : 6 Athlete: DE JONG STAN																				Q-time: 01:13:36									
PB (25m pool): 01:13.36 Eeklo 21/09/2025										PB (50m pool): no time SB: 01:13.36 Eeklo 21/09/2025																			
	2 5 M				5 0 M				7 5 M				1 0 0 M																
PB					00:35.36								01:13.36																
					00:35.36								00:38.00																
																													

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:6, starttime: 16:23
Heat: 6/8 Lane : 8 Athlete: SCHRAUWEN BJARNE					Q-time: 01:08:14
PB (25m pool): 00:38.80 Temse 12/03/2023					PB (50m pool): 01:10.28 SB: 01:08.75 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:38.80	
	no time				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 16:25
Heat: 7/8 Lane : 4 Athlete: BOODTS GERBEN					Q-time: 01:02:04
PB (25m pool): 01:01.54 Gent 09/11/2025					PB (50m pool): 01:04.23 SB: 01:01.54 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.53		01:01.54	
	00:29.53 00:32.01				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 16:27
Heat: 8/8 Lane : 2 Athlete: WAELPUT THOMAS					Q-time: 01:00:24
PB (25m pool): 00:59.67 Gent 09/11/2025					PB (50m pool): 01:03.69 SB: 00:59.67 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.10		00:59.67	
	00:29.10 00:30.57				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 16:27
Heat: 8/8 Lane : 7 Athlete: MICHIELS SIBE					Q-time: 01:00:55
PB (25m pool): 01:00.55 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:03.89 SB: 01:00.55 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.40		01:00.55	
	00:29.40 00:31.15				
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:32
Heat: 2/11 Lane : 1 Athlete: LALOO FÉLINE					Q-time: 01:33:65
PB (25m pool): 01:33.65 Eeklo 21/09/2025					PB (50m pool): 01:34.18 SB: 01:33.65 Eeklo 21/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.62		01:33.65	
	00:45.62		00:48.03		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:36
Heat: 4/11 Lane : 4 Athlete: MURAT IREM					Q-time: 01:17:48
PB (25m pool): 01:17.48 Lokeren 28/09/2025					PB (50m pool): 01:21.39 SB: 01:17.48 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.61		01:17.48	
	00:37.61		00:39.87		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 16:39
Heat: 5/11 Lane : 6 Athlete: VAN BUNDER INEZ					Q-time: 01:15:41
PB (25m pool): 01:15.41 Lokeren 28/09/2025					PB (50m pool): 01:17.24 SB: 01:15.41 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.59		01:15.41	
	00:37.59		00:37.82		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 16:41
Heat: 6/11 Lane : 2 Athlete: WAELPUT ELODIE					Q-time: 01:14:71
PB (25m pool): 01:14.71 T ROSCO 12/10/2025					PB (50m pool): 01:16.19 SB: 01:14.71 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.85		01:14.71	
	00:36.85		00:37.86		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 16:45
Heat: 8/11 Lane : 1 Athlete: VAN BUNDER AMY					Q-time: 01:12:51
PB (25m pool): 01:12.51 Eeklo 21/09/2025					PB (50m pool): 01:15.40 SB: 01:12.51 Eeklo 21/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.69		01:12.51	
	00:34.69		00:37.82		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 16:45
Heat: 8/11 Lane : 4 Athlete: DE JONG SUZAN					Q-time: 01:11:52
PB (25m pool): 01:11.52 Eeklo 21/09/2025					PB (50m pool): no time SB: 01:11.52 Eeklo 21/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.14		01:11.52	
	00:34.14		00:37.38		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 16:45
Heat: 8/11 Lane : 7 Athlete: SCHELFAUT NELL					Q-time: 01:12:15
PB (25m pool): 01:12.15 T ROSCO 12/10/2025					PB (50m pool): 01:15.63 SB: 01:12.15 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.01		01:12.15	
	00:35.01		00:37.14		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 16:47
Heat: 9/11 Lane : 4 Athlete: VERLUYTEN NIENE					Q-time: 01:10:16
PB (25m pool): 01:10.16 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:12.61 SB: 01:10.16 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.31		01:10.16	
	00:34.31		00:35.85		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 16:49
Heat: 10/11 Lane : 1 Athlete: STESENS EMMA-LOUISE					Q-time: 01:09:68
PB (25m pool): 01:09.68 T ROSCO 12/10/2025					PB (50m pool): 01:12.19 SB: 01:09.68 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.79		01:09.68	
	00:33.79		00:35.89		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 16:49
Heat: 10/11 Lane : 5 Athlete: RENDERS CHARLOTTE					Q-time: 01:07:85
PB (25m pool): 01:07.85 Temse 22/12/2024					PB (50m pool): 01:11.19 SB: 01:10.80 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.52		01:07.85	
	00:32.52		00:35.33		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 16:51
Heat: 11/11 Lane : 1 Athlete: VERLUYTEN LENI					Q-time: 01:06:53
PB (25m pool): 01:06.53 TEMSE 18/05/2025					PB (50m pool): 01:07.58 SB: 01:07.42 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.16		01:06.53	
	00:32.16		00:34.37		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:11, starttime: 16:51
Heat: 11/11 Lane : 6 Athlete: MICHIELS NORE					Q-time: 01:03:93
PB (25m pool): 01:03.93 TEMSE 24/11/2024					PB (50m pool): 01:06.32 SB: 01:04.99 Aachen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.04		01:03.93	
	00:31.04		00:32.89		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 20: 4x50M FREESTYLE MIXED							Heat:1, starttime: 17:08	
Heat: 1/2 Lane : 2 Athlete: TEAM TSZ 15							Q-time: 02:21:26	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x50M FREESTYLE MIXED							Heat:1, starttime: 17:08	
Heat: 1/2 Lane : 4 Athlete: TEAM TSZ 14							Q-time: 02:01:92	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x50M FREESTYLE MIXED							Heat:2, starttime: 17:11	
Heat: 2/2 Lane : 4 Athlete: TEAM TSZ 11							Q-time: 01:44:97	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x50M FREESTYLE MIXED							Heat:2, starttime: 17:11	
Heat: 2/2 Lane : 6 Athlete: TEAM TSZ 12							Q-time: 01:50:56	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: TSZ

Event number: 20: 4x50M FREESTYLE MIXED							Heat:2, starttime: 17:11	
Heat: 2/2 Lane : 7 Athlete: TEAM TSZ 13							Q-time: 01:56:12	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: